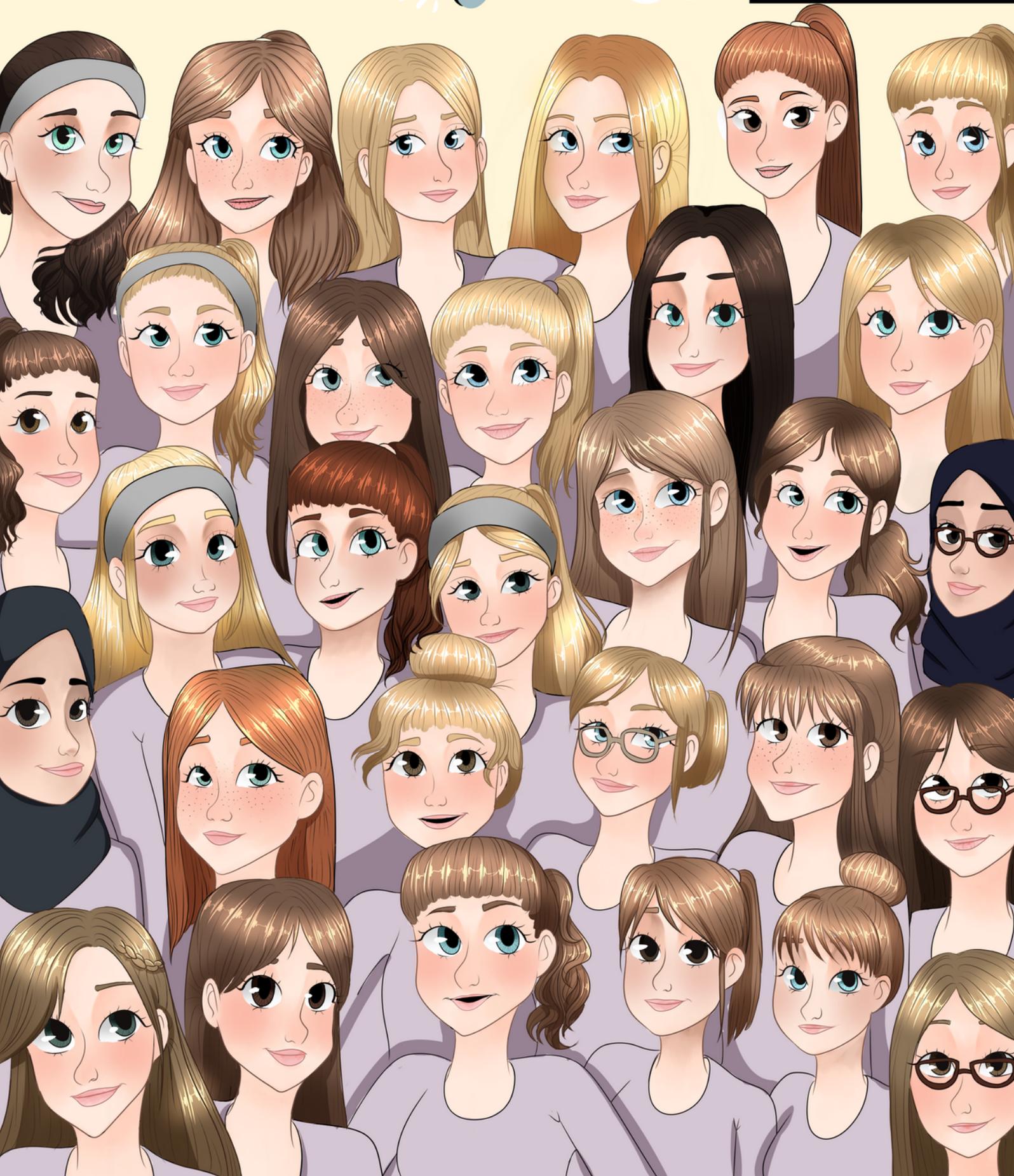


# B2's QUARANTINE *Life*

COVID-19  
EDITION

THINGS TO KEEP YOU BUSY  
during lockdown



APRIL 2020 | ISSUE NO. 1

# THE ISOLATION REVIEW

Keeping us connected while we are apart



## IN THIS ISSUE

**A STUDENT'S  
PERSPECTIVE ON  
ISOLATION**

**TIPS FOR REMOTE  
LEARNING**

**EASY TO FOLLOW  
RECIPES**

**FILM REVIEWS, POEMS,  
STORIES AND LOTS  
MORE**

'When 'I' is replaced with 'WE' even  
illness becomes wellness'

BY MS. HAYES

THE BEST THING ABOUT BEING A TEACHER IS NOT THE SUMMER HOLIDAYS OR THE HALF DAYS- IT'S THE PRIVILEGE OF WORKING WITH AMAZING YOUNG PEOPLE. PEOPLE WHO ARE FUNNY, TALENTED, CURIOUS, UNIQUE- PEOPLE WHO COME TO SCHOOL EACH DAY WITH THE SHARED PURSUIT TO LEARN SOMETHING NEW. LEARNING IS AN ACT OF COLLABORATION AND SUPPORT.

THE EVENTS OF THE PAST FEW MONTHS HAVE CHALLENGED ALL OF THIS. LEARNING, ISOLATED FROM OUR PEERS AND OUR FRIENDS SEEMS SO STRANGE. WE MISS THE DAILY CONNECTIONS WE TOOK FOR GRANTED AND THE SUPPORT WE DIDN'T REALISE WE RELIED ON SO MUCH. THIS MAGAZINE WAS CREATED BY B2 AS A WAY TO BRIDGE THAT LOSS IN CONNECTION IN SOME SMALL WAY. WE WORKED HARD COLLABORATIVELY AS A GROUP TO SHARE THE EXPERIENCES WE ARE ALL NOW FACED WITH.

# A Student Experience of Remote Learning

by Eve

I have never experienced 'online school 'before. It honestly took some time to get used to. It can be stressful as well as a new learning curve that you can benefit from. Due to the Coronavirus, students must learn remotely at home rather than attend school as usual. This is a precaution that had to be taken in order for us all to stay safe.

On my first day of online school I had no idea how to send anything in and it didn't help that I woke up late. For the first few days I thought that I had sent in everything and then I realised a day or two later that the assignments had not sent. So I had to go back on all of them and send them in again! The first day was the most stressful day because of this. Within a few days, I was able to send everything in properly with the help of my teachers and friends.

In my school we have to send our assignments in to Google Classroom. We are given the dates that our assignments are due and the time, so I always try to send them in straight after I get them finished, even if it's a day early.

During the first week of remote learning I set an alarm for 8:30am every morning. This is the time that all the teachers start sending in work because it's the time that we would start classes in school. This really helped me because I finished all my assignments very early instead of working until the late afternoon. I'm really grateful for all the help that there is to prevent any stress and everyone's being very patient since it can be frustrating.

I've found Google Classroom really helpful because of how easy it is to find all your classes and assignments. It shows when the assignment was given and when it is due, so you won't be late turning your work in. You're able to send comments to ask for help and if you have any questions which is good if you are stuck.

Overall it's been difficult at times but I've gotten used to remote learning and it's getting easier every week. Obviously, it would be easier if we were in class but given the circumstances, I think it's going well and I'm learning new skills with technology and working from home!

# KEEPING THE SPIRITS UP

## MINDFULNESS

### WAYS TO KEEP MINDFUL DURING LOCKDOWN

1. Mindfulness Colouring: If you are ever stressed, you can print off a picture to colour. You can spend as much time as you want but it's a nice way to relax.
2. Listening to Music: Listening to relaxing music can make you relax more and releases stress. You can find many mindfulness music videos on YouTube with many to choose from.
3. Meditation: Doing meditation is very good for the mind and the most common way to relax. There are many ways to meditate like listening to music, looking up videos on YouTube etc.
4. Go out for Fresh Air: Going out for fresh air is very good for clearing your head and a nice way to get good exercise in as well. Even going out for ten minutes is beneficial.
5. Try and focus on Breathing: Focusing on your breathing is very good for you as you pay attention to your body and become more aware of it. There are a lot of fun exercises you can do for your breathing.
6. Exercise: Exercise is very good for your body but as well as your brain. It increases your heart pump which pumps oxygen into your brain. And plays a big part in your brain cells growth.

by Keira



## PHOTOGRAPHY

### INSPIRING IMAGERY by Aoife

All over the world people's lives have been transformed into something they could have never dreamt of. But among all the change and unprecedented times some things always have and always will stay the same. The sun rises and sets everyday, everywhere. It can be hard to find hope or something good during these dark times but always remember, we have to look. Even if the thing that brings a smile to our face is as simple as a beautiful sunset, at least the smile is there. Stay hopeful and stay smiling!



## DETAIL >

### FEELING GRATEFUL

by Orlaith

These past few weeks have been really challenging for everyone. Especially since we can't even go outside a two kilometre radius from our home. There's only so much Netflix you can watch and routes you can go on to exercise. This isolation has made me realise how much I take for granted on a daily basis. Although HouseParty is good for talking to you friends, I really miss lunchtime and being able to walk around and chat in person. I'm grateful for that hour we have to socialise, even when I'm complaining about the rest of the day and all the tests we have coming up. I'm also grateful for places like Dundrum and Nutgrove. Even though I usually get tired after shopping for five minutes, I'm grateful that I actually have something to do that's different. I'm also grateful for having time to myself, which I don't have much of anymore since all of my family are at home. There are so many things that we take for granted on a regular basis that quarantine and self isolation has made us realise.

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# HOW TO KEEP BUSY DURING LOCKDOWN

BY SOPHIE

Let's face it, by now we have all faced the torturous boredom of being stuck at home day in and day out. Most of us probably can't even recall how long we have been in quarantine at this point. So today I am going to give some advice on how to keep yourself busy and sane during this seemingly never ending lockdown.

As we are now in the season of Spring it might just be the perfect time to bust out the rubber gloves, and give your house the spring clean that at this point, it most likely desperately needs. Cleaning has also been proven to help with anxiety in the sense of living in an uncluttered environment or the act of cleaning can boost the feeling of productivity, and in turn decrease levels of stress and anxiety.

Another fantastic way to keep yourself busy during lockdown is to exercise. There are many benefits of doing exercise both physically and mental. Exercising helps to keep you physically fit of course, maybe you could venture outside of your comfort zone and try a new form of working out or you could set a goal for yourself to run a distance in a certain amount of time or just to learn a new skill. Exercise is also known to produce endorphins in your brain which boost your mood, brighten your day and help to wash away that horrible feeling of boredom and sadness.

This next one might not be the healthiest of options but it is still certainly an excellent way to pass the time... choose a new series or movie franchise and sit back, relax and binge watch the whole thing. Maybe have a few snacks too! There are many new things to watch and lots of sites to do so on such as Netflix and Disney+. Both Rachel and Rebecca have shared some of their Netflix recommendations in this magazine.

And finally I know that most people would much rather do nothing at all than do this last one but since we are all stuck at home with nothing better to do I thought I might as well just include it anyway. With all this new found free time on our hand it is a great opportunity to catch up on school work or use this time to improve on a subject or topic that you find difficult, so that by the time that we are all back in school you can feel more confident and prepared for the year ahead.

I hope that reading this article was helpful and that you'll try passing the time with some of these activities or maybe reading this gave you the inspiration to form some new ideas on ways to keep yourself busy and sane during lockdown.

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# TOP 8 NETFLIX SHOWS FOR TEENS

In the times that we are in it is very important to keep yourself busy and entertained. This can be done in many ways, one being watching movies and TV shows on Netflix. Netflix has many amazing shows and movies to watch, so today I will be sharing my top 8.

by Rebecca H

1

## ON MY BLOCK

This show is absolutely amazing. It follows a group of four friends; Monse, Cesar, Ruby and Jamal, who face many challenges together like growing up in a very rough neighbourhood, starting high school and facing the battles of friendship. This show is very exciting with many different but very interesting plotlines. Each episode keeps you interested and makes you want to keep watching.

2

## CLUELESS

This 1995 classic is one of my favourites. The plot includes a girl named Cher and her spoiled, rich life. It doesn't sound like much and it is a very simple movie but it really surprised me how much I enjoyed this film. Clueless was one of the defining movies of the 90's.

3

## GOSSIP GIRL

This show is probably my favourite, if not definitely in my top three favourite TV shows. It is six seasons of following the life of mainly rich and privileged teenagers living in the Upper East Side of New York City. It is so easy to watch and has a lot of humour and drama.

4

## REMEMBER ME

Remember Me is probably my favourite film ever. All I can say is that it is absolutely incredible. After I had watched this film I pretty much told everyone I knew to watch it. It follows a man named Tyler and his life which has a lot of problems.

5

## PRETTY LITTLE LIARS

Pretty Little Liars is also one of the best series out there for teens. This show tells a story about four girls; Spencer, Emily, Aria and Hanna. On a sleepover before school started, they woke up and their friend Allison was missing. The show brings us along with their journey of trying to find their friend while getting mysterious text messages along the way.

6

## THE MAZE RUNNER

This Sci-Fi/Action film is brilliant. It is about a boy named Thomas who loses his memory and finds himself trapped with other boys in this maze called The Glaze. The movie follows how Thomas and the boys' escape the maze.

7

## STRANGER THINGS

I'm sure almost everyone has heard of this show but it is hyped for a reason. Stranger Things is one of those shows that no matter how much praise it receives it always will live up to the hype. It has a very intriguing storyline but is also quite complicated and is quite hard to explain.

8

## THE VAMPIRE DIARIES

This show is very long but also absolutely brilliant. I am currently watching it and I still recommend it even though I haven't finished it, that tells me that it is a truly amazing show. It follows a supernatural world of vampires, werewolves, witches and more. Though the characters in the show are not human, they make it feel like they are as you can still relate to the problems they face.



# BOOK REVIEW

## THE SELECTION BY KEIRA CASS

'The Selection' is the first book of the Selection series.

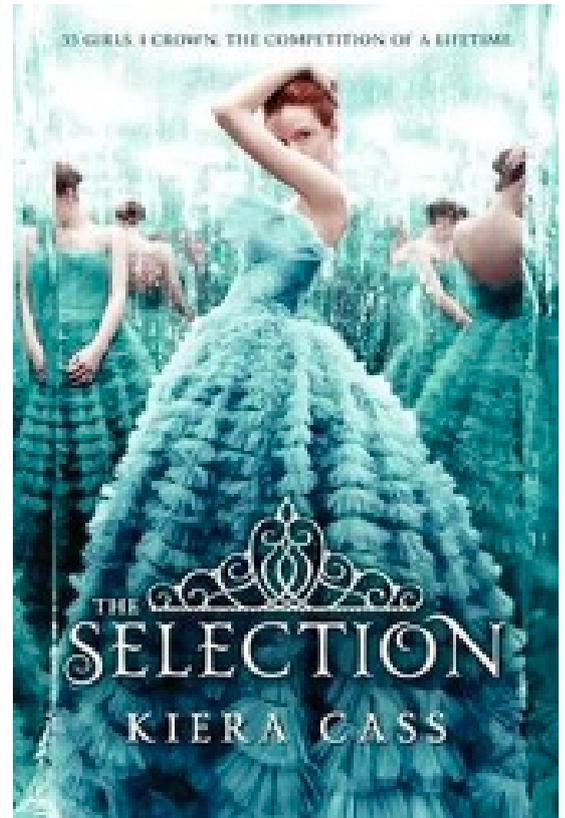
The book is set in the future. Thirty Five girls have been chosen to partake in the selection, a chance of a lifetime, to live in a palace and compete for the heart of Prince Maxon. But for America Singer being selected is a nightmare. Will she leave, or start to question all the plans laid out for her?

I would really recommend this book as it is so diverse. It would appeal to all readers. The plot is very engrossing and all the characters are interesting and unique. The language used is simple so it is an easy read.

All in all, I really enjoyed reading this book and have absolutely no complaints. I would recommend it to anyone over the age of twelve.

It is available on the kindle app and audible if you are interested in reading it during quarantine.

by Rebecca G



# FILM REVIEW

## MAMMA MIA

by Keela

Mamma Mia is a comedic and romantic film released in 2008 with Universal Pictures and directed by Phyllida Lloyd.



The captivating storyline involves Donna , an independent hotelier preparing for her daughter's wedding with the help of two old friends Rosie and Tanya, who together form 'Donna and the Dynamos'. Meanwhile her daughter Sophie has secretly invited three men from her mother's past in hope of meeting her real father and being escorted down the aisle on her big day.

Set in the tropical greek island of Skopelos, the variety of colour and beautiful views give off a bright and fun atmosphere, which really lives up to what the film is all about. The soundtrack is an impressive range of nostalgic and uplifting Abba songs. The acting is of a very high standard and iconic actors such as Meryl Streep and Amanda Seyfried brought their characters to life with a memorable performance.

Mamma Mia is rated a 6.4 /10 on IMDb. Although I disagree with this number and would personally rate the film an 8 /10 for its diversity and zest. I don't particularly like how predictable the plot is. Everything said, leads to another and there is no sense of a cliffhanger and mystery.

Overall I would highly recommend this amusing film to any person but specifically children and teens from 8-15 years old.



# MEMES

## ALISON HELPS LIFT OUR SPIRITS WITH FUNNY MEMES

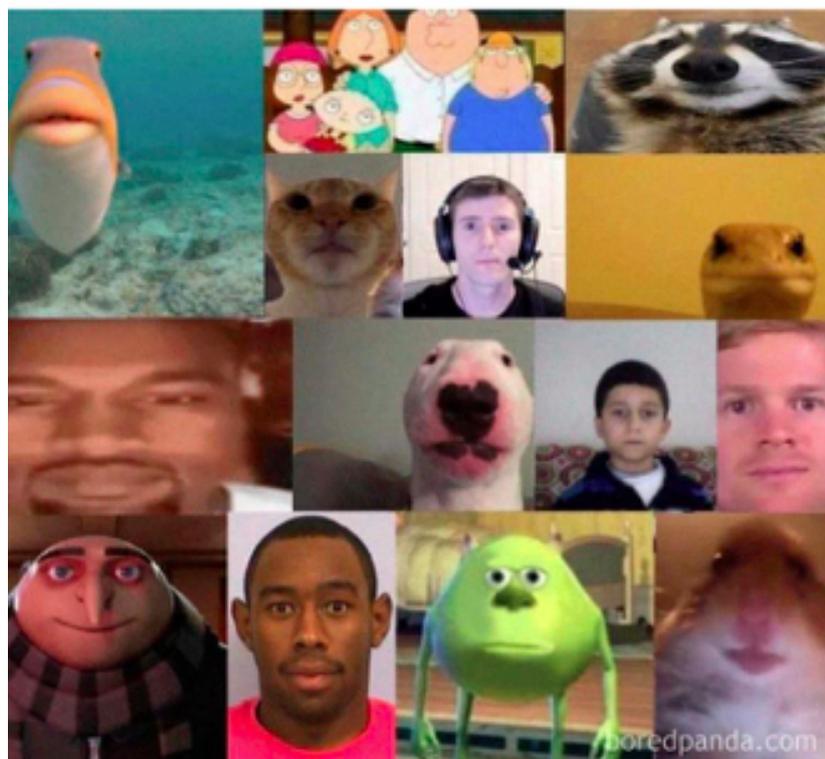
Me after washing my hands for 20 seconds 57 times in one day



When you normally spend all your time at home anyway but now the government says you have to



All the students on their webcams at 8 in the morning waiting for class to start





# NIAMH'S BLOG

## ABOUT ME

My name is Niamh Tutty. I am a fourteen year old blogger. I like exercising including playing basketball, going running and walking. This year I hope to learn the guitar.

## QUARANTINE LIFE

Hey guys, I hope you are having a good day. Today on my blog I will be talking about my life during Covid 19. As we are aware Covid 19 has had a dramatic effect on our lives and we have endured many changes over the two months or so. Over half of humanity is now confined indoors. This can be quite tough and challenging for everybody but in particular young kids and the elderly. Keeping entertained can be difficult but I have found ways to keep myself occupied when I'm not doing school, including walking within a 2 km distance of your home but obviously abiding by social distancing of course. Other activities I like to do indoors are reading, colouring, drawing, playing games, online shopping and watching programmes on Netflix, the TV or a DVD. It is important to keep up-to-date with the news and current affairs but try not to get mind boggled. I try to watch the RTE news at 6 pm every day, but I don't want to get too engrossed in the situation because it can become very overwhelming.

It is an unprecedented time but we must trust doctors, nurses, healthcare workers and scientists, that they will do their very best to treat patients and find solutions to this crisis but this will take time that's why we need to do our part too. The transition to online school was challenging at first, but after a week or so I found that I settled in and had adopted a good routine. One challenge I had was to stop procrastinating and get on with my school work. I also started to go for short runs and doing workouts from YouTube once a day. We all need to remember that we are all in this together and we will get through this together.

Thanks guys, hope you enjoyed this week's blog see you next week for another marvellous blog, have a great week!



*Niamh C. and Elaine's*

# POETRY CORNER

## **Unity is Community by Kalie Brum**

In our communities  
It's all about seeking positive opportunity's  
Opportunity's which can also be a solution  
A solution of our revolution  
Revolution a drastic change in the way we  
think and behave  
We can behave were we can engrave  
Engrave in our worlds history  
To make a switch  
A switch to enrich  
To enrich the minds of young ones  
To show it about going for your goal and  
hitting a home run  
And that life doesn't have to be living by a  
gun  
But to make a change we have to look within  
our hearts  
And in our hearts fill in the missing parts  
Then once that happen helping ourselves  
and others can start  
But like i said it is all about positive  
opportunity'  
And bringing the community together in  
unity  
Because with out unity  
There is no such thing as  
COMMUNITY

## **Excerpt from to bless the space between u by John O'Donoghue**

This is the time to be slow,  
Lie low to the wall  
Until the bitter weather passes.

Try, as best you can, not to let  
The wire brush of doubt  
Scrape from your heart  
All sense of yourself  
And your hesitant light.

If you remain generous,  
Time will come good;  
And you will find your feet  
Again on fresh pastures of promise,  
Where the air will be kind  
And blushed with beginning



# Interview with a Family Member during Lockdown

Interviewer (Joy): Hi, would you like to be interviewed on life during quarantine during Covid- 19 . It will only take a few minutes?

Mum : Yes of course.

Interviewer: How did you feel on the 12th of March that everyone was to quarantine in Ireland?

Mum: I didn't really know what to expect and what lay ahead but in the best interest of my family it had to be done during this pandemic.

Interviewer : How did quarantine then impact your daily life?

Mum : At first I found it hard having 3 children home from school the 2 older children seem to be able to adjust but my youngest child had to learn to become an independent learner and using online devices for homework.

Mum : Another issue I found difficult was shopping for the family as people were panic buying and there was lots of empty shelves.

Mum : The one good thing that I enjoyed was the children became closer and had to play games and sports together in the back garden.

Interviewer : What have you been doing to keep busy?

Mum : I pass my day by doing household chores and found myself baking a lot and also going for family walks .

Interviewer : Did you find it difficult when lockdown came?

Mum : Not really as we all had kind of adjusted to life in quarantine but lockdown was definitely needed.

Interviewer : How do you think this will impact people going forward?

Mum : 2020 will be a year that we will never forget, we will appreciate things a lot more and not take things for granted. We will be more aware of our hygiene and washing hands constantly will become a must. We will remember people that put their life's at risk to save others, for example HSE workers, bus drivers and people that kept the life line going. We will all be reunited with our families and loved ones that we missed so much.

Interviewer: Thanks for all the information and interview.



# TOP TIPS FOR ONLINE LEARNING

by Grace

## **1. Be positive**

Thriving through a change is tough but doable with a positive attitude. A positive attitude about online learning is the best gift you can give yourself.

## **2. Getting organised but also staying organised.**

Creating an orderly learning area will give you an advantage to get ahead of the game in your everyday schoolwork. Make sure all equipment such as computers, books, pencils, pens and notes have room and are neatly placed in accessible areas of your workplace. Label all folders, title every page and make sure to store essential work in places where it will not get damaged. Creating a "to do" list makes sure you know what to complete and when it has to be completed.

## **3. Create a flexible routine**

Online school does give you a more flexible schedule but having a routine will help keep you on track with your schoolwork. Waking up at the usual time that you would wake up at on a normal school day will allow you to finish your work at the usual time, having time in the evening to spend time with family or online with friends.

## **4. Setting personal goals**

Setting goals such as finishing online school at a certain time, finishing an assignment due in the future or even just completing all your assignments for that day can give a positive effect on your experience with online school.

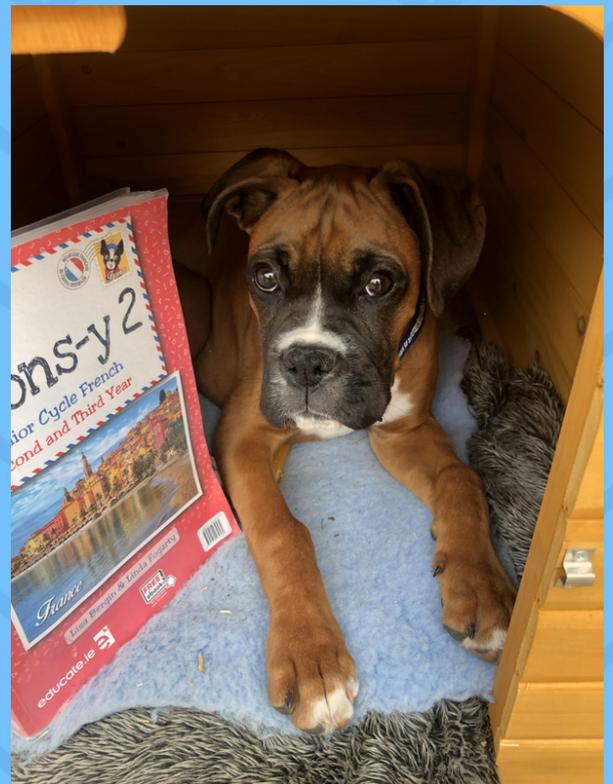
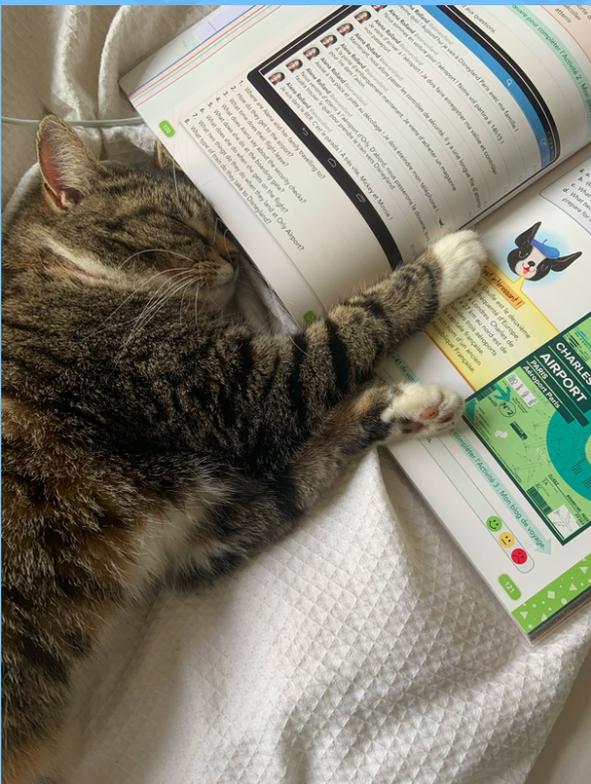
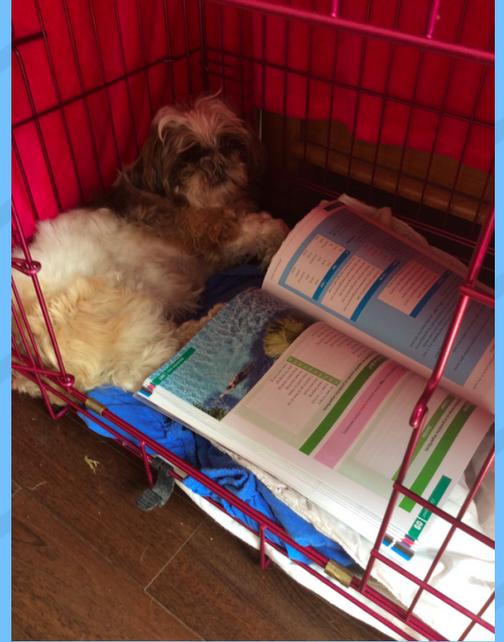
## **5. Staying on track**

It's always better to be ahead than to be struggling at the last minute! Break down big projects, tasks or assignments into small, manageable parts giving each one a deadline. Don't drag your feet, make yourself do things on time and you'll be better off in the long run.

## **6. Keeping up your physical health**

While clubs are closed and sporting events are cancelled it is important as teenagers that we get a substantial amount of time to do activities that will improve our physical health. Examples such as doing a workout on youtube by yourself or making it a family activity and including your family members. Or even practising that sport or activity in your back garden or a field within 2km of your house. The list goes on of how you could stay on top and even improve your physical health for the duration of using online learning.

# Some Snaps of our Furry Friends helping us with our Remote Learning!



## Celebrity Corner

by Ella

Some of the top celebrities that have gotten coronavirus during this pandemic are:

- Magician Dynamo
- Pink tested positive and also donated \$500,000
- Linda Lusardi and her husband Sam Kane also have it. Linda says she was at death's door after being put on oxygen and a drip in hospital.
- British Prime minister Boris Johnson.
- Heir to the British throne Prince Charles tested positive
- Tom Hanks and his wife Rita Wilson were in Australia when they were diagnosed.
- Idris Elba tested positive but insists he has no symptoms.

So far these are the biggest celebrities that have tested positive for the virus but I would think more will come in soon.

### One of my favourite ways to keep busy is dancing... by Emily

There are many different styles of dancing, here are a few: Jazz, hip hop, commercial, lyrical, contemporary, tap and acro. When dancers are performing on stage they must wear a dance costume. There are many different types of costumes. At competitions there are many rules such as you, can't dance on stage if you don't have any makeup on.

Another one is that at a competition a soloist is not allowed to repeat a style twice.

Also costumes should be strictly according to the age of the dancer

## BATH AND BODY WORKS HAND SANITIZERS

A necessity during the covid-19 pandemic  
by  
Ciara Fagan

These small scented sanitizers are a great way to disinfect hands and frequently touched areas during the coronavirus and during any ordinary week because good hygiene is needed all year round.

### Description:

The hand sanitizers can be purchased in bath and body works stores or online. The rrp is \$1.75 with some being above. The small container makes them easy to fit in handbags. They are 68 percent alcohol and are flammable so keep away from flames or high heat.

### Pros:

The price is reasonable, the container is easily transported, they are child friendly and come in a variety of scents for example peach, vanilla and cucumber melon.

### Cons:

This brand of hand sanitizer is flammable as is most hand sanitizer. They are hard to get in Ireland as we currently have no bath and body works stores in the country and shipping online can cost more than the actual product. The hand sanitizer has glitter in some of its hand sanitizers that is fun for kids but kind of annoying. If you are travelling in America or Canada I would recommend buying some as every scent is sold out on their official website at the moment.



# A Short Story by Caoimhe Brock

## MAX

"You win some, you lose some" the man warned her.

"Except for me. I always win." and with that Nessa handed him the money and pointed to the horse called Potatoes. Nessa had never made a bet on a horse before, she also had never seen a horse show before. But since she had found him, her luck had turned for the better, honestly Nessa didn't know how she had gotten so lucky. Max was the absolute cutest, even if his hair was a bit all over the place.

She finally got back to their seats. Alice shouted "Hey bestie" while waving her hands at Nessa to come over. When she sat down Max jumped over Alice and gave Nessa a big kiss, just then the crowd let out a roar. A horse was taking the lead, "Whose horse is it?" Nessa asked, pushing Max off her.

"I don't know", Alice shouted back. She tried to stand up to get a better view but all she got was a better view of the bald spot belonging to the man in front of her. Suddenly the crowd let out another roar, Max was barking along with the crowd. Does that mean someones winning? Then, Nessa heard the commentator announce the winners: "And in first place is Potatoes who had a bit of a struggle at the start but made a grand finish". Nessa almost fainted. "My horse won" she exclaimed to Max and Alice.

"You need to go to the collection box, you know, so you can collect your money".

"You'll both come with me, right?" asked Nessa, she didn't like the idea of going up alone.

"Is that even a question! You know I'll always come with ya. Come on Max."

They all went to the collection box, Nessa still couldn't quite believe it. Max really did seem to bring her good luck. When they got there, there was a different man handling the bets, Max seemed so small next to him.

"Oi! He can't be here" the man shouted pointing at Max.

"Why not ,we are just here to collect my payout" explained Nessa not really understanding why this man was shouting at them.

"His kind are not allowed here" the man yelled, he slammed his hands down on the counter."I don't know how you managed to get him in here, but I'm calling security". Realising this man was scaring Nessa, Max began to bark out abuse at him moving his head rapidly around in a very animated fashion.The man got a fright and jumped. Nessa would have been almost laughing if it weren't for the situation they were in. The man hurriedly took out his phone, calling for security. During all of this Nessa still couldn't understand the man's problem with Max; sure his hair was a bit messy and he was a different race, but even so that was nothing to yell about.

Finally, security came. Alice walked straight up to them. She started to say how this man had just started shouting at them for no apparent reason and how all Nessa wanted to do was collect her pay out.The security woman Alice was talking to, took one look at Max. And began laughing "Let her have the money Dallis", the security woman then gestured towards Max. "They sure must of went through an awful lot of trouble to get this one in here", Nessa was still confused so she asked the guard: "what do you mean, why is everyone making such a fuss about my Max?", as Nessa said this she went and gave Max an affectionate hug. Now it was the security guards' turn to be confused. She gave Max a little rub on the head and said "You really don't know, do you?", she gave Dallis a look and said "I'll escort you out once you get your money. Alright with you?". Both Nessa and Alice nodded Max had gone silent.

"Here ya go", mumbled Dallis as he handed Nessa her payout, he seemed all too pleased that they were leaving.

"Thanks", replied Nessa in a slightly irritated tone, she was very annoyed at this 'Dallis' man. How could he be so nasty about Max? The other security guards had returned to their stations. All except the one who gave Max a pat on the head. She escorted Nessa and the others out of the races and to the parking lot. 'I hope you understand the rules now" the woman said as she waved goodbye.

"Well that was fun" laughed Alice as she got out the car keys, "Max was such a good boy, don't you think".

"Yeah he was" 'replied Nessa "I still can't believe we didn't realise the rules though", she sighed. Looking back they were quite obvious, the security guard was nice though. Alice had told her that it was their first time going to a game and how they did not look up the rules regarding Max before going. Nessa really regretted that mistake. The guard took pity on them and was sympathetic since it was their first time and to be honest, it was a fairly common mistake.

"Come on Max", Nessa said, calling him back to the car "It's time to go home".

And with that the little terrier hopped into the car, and they drove away everyone had had enough of horse racing for one day.

# UNDER THE SCOPE

CARA

## WHAT COVID-19 HAS TAKEN AWAY?

Covid 19 has taken and stolen many great people and things from us. I am going to be discussing in detail what exactly has been taken from us.

Firstly, I am going to talk about how Covid 19 has impacted my life personally. The first thing that the virus has taken from me and millions of others is SCHOOL. I used to really dislike school and dread coming in every morning but now I genuinely wish that everything was back to normal. I would do anything just to go back to school and see all my friends. I miss them very much!

I am not the only one who is missing school. Most people would do anything to go back to normal. Another thing that was taken from me was DISCOS and PARTIES. Also, HOLIDAYS. I was meant to be going to America and Mexico but I doubt I will be able to go because those countries are badly affected by the virus.

EXAM years have also been impacted. Third years have studied for 3 years and now the Junior Certificate is cancelled. Leaving cert students have had their exams postponed- dragging out the STRESS!



RACHEL

## A RECOMENDED WATCH

Brooklyn Nine-Nine is rated for fifteens. It would go under any of these genres: television comedy, police procedural or sitcom. Brooklyn Nine-Nine is a hilarious series showing the crazy life of detective Jake Peralta. There are six seasons out on Netflix. 96% of people like this show.



IRIS

## TIK TOK

What is Tik Tok? Tik Tok is a short form video sharing app that allows users to create and share videos up to 1 minute on any topic. You can also browse and interact with other user's content. It is a Chinese social networking service owned by ByteDance, a Beijing based company founded in 2012 by Zhang Yiming.

The trending app is available in over 150 countries and has over 1 billion users. The most viewed tik tok was created by Zach King and now has a whopping 2.2 billion views. China's Bytedance has made a revenue of \$8.4 billion.

Charli D'Amelio holds the title of the most followed account on the app with an amazing 50.2 million people following her. The American 15 year old skyrocketed to success in the past 6 months with short dance videos. There are many other young influencers like Charli who have formed the 'Hype House' in Los Angeles.

During quarantine, millions of people have taken to the app to use their excess energy to create funny, trendy videos with family members. Maybe you will be the next TIK TOK star?



# RACHEL'S TOP 10 ON NETFLIX

## Use your Imagination by Amy G.

The Coronavirus has taken over the world, from empty supermarkets to family game nights, everyone wishing they were back with their friends. If you are stuck on ideas of what to do and you're about to leave your house to go on the 5th walk of the day, keep reading.

Even if you don't consider yourself a baker you might surprise yourself. If you are terrible at baking, there's a solution, it's called brownie in a mug or cake in a mug etc. You can do it with any food, it's super delicious and really easy. Just look up whatever food you're looking for "in a mug" and it will show a recipe. There are more recipes for you to follow at the end if the magazine that some of my classmates would also recommend.

If you are finding this time stressful not being able to see your loved ones, mindfulness colouring is a great distraction, even 10 minutes of your day could release your stress. Netflix is great when you just want to relax and have no worries, there are thousands of movies and series that will get you through these few months (look at Rachel's list on the right to get you started).

There are many other activities to do such as redecorate your room, play with your pet, read a new book, make a bucket list, do a face mask, call your grandparents, call your friends, go on a walk, do makeup, tidy your room, spend time with your family and 100 more things!

In conclusion there's always something to do even if you don't think there is... USE YOUR IMAGINATION!

1. **BROOKLYN NINE-NINE**
2. **FRIENDS**
3. **FIVE FEET APART**
4. **STRANGER THINGS**
5. **THE VAMPIRE DIARIES**
6. **DERRY GIRLS**
7. **HOW I MET YOUR MOTHER**
8. **GOSSIP GIRL**
9. **PRETTY LITTLE LIARS**
10. **RIVERDALE**



# Recipes

TRIED AND TESTED BY OUR  
OWN B2 CLASSMATES- SARAH,  
CLARA AND YASMINE

## **Best Brownie Recipe**

Ingredients:

1. 1 cup unsalted butter.
2. 2 1/4 cups sugar.
3. 4 large eggs.
4. 1 1/4 cups cocoa powder.
5. 1 teaspoon salt.
6. 1 teaspoon baking powder.
7. 1 tablespoon vanilla extract.
8. 1 1/2 cups flour.

Equipment:

1. A measuring cup (or a set of measuring cups)
2. A set of measuring spoons.
3. A medium sized mixing bowl (in a pinch, a large pot will do!)
4. A second bowl for combining the dry ingredients.
5. A wooden or plastic mixing spoon.
6. A spatula or a regular tablespoon

Method:

1. Preheat your oven to 190C.
2. Gently mix the butter and sugar together.
3. Add the rest of the ingredients and the eggs to the sugar and butter.
4. Pour into a prepared tin and bake for 30-35 minutes.
5. Take out of the oven and ENJOY!



# CHOCOLATE CAKE

## INGREDIENTS

### THE DRY INGREDIENTS

- 3 cups of flour
- 3 cups of sugar
- 1 and a half cups of cocoa powder
- 1 tablespoon of baking soda
- 1 and a half teaspoons of baking powder and 1 and a half teaspoons of salt
- Mix all together with a whisk

### THE WET INGREDIENTS

1. Add 4 eggs to the dry bowl of ingredients
2. 1 and a half cups of butter milk
3. 1 and a half cups of hot water and half a cup of vegetable oil
4. Mix with a hand mixer or a stand mixer

## DIRECTIONS

**1. Get a pan and spread** with butter and sprinkle cocoa powder or flour on the pan and shake the pan to cover all the bottom and sides of the pan.

**2.\*\*\* DON'T OVER MIX INGREDIENTS JUST COMBINE AND MAKE SURE THERE'S NO FLOUR OR COCOA POWDER LEFT ON THE SIDE\*\*\***

**3. Divide** the batter in three 9 inch pans place in the oven at 350 degrees for 30-35 minutes.

**4. MAKE SURE TO PLACE THE PANS IN THE CENTRE OF THE OVEN]** Take the cakes out and let them cool for 10 minutes

### FROSTING!

1.8 ounces of cream cheese  
in a bowl

2. 1 and a half cups of softened butter [make sure the butter is soft!]

3 use a hand or stand mixer to mix this all together

4. Once its all light and fluffy

5. Add in one and a half cups of cocoa powder

6. [try and use the highest quality of cocoa powder it really makes a difference!]

7. Mix this all together

8. Add 7 tablespoons of milk

9. Add 8 cups of powdered sugar one at a time! While mixing.

Scrape all the powdered sugar on the sides of the bowl and Stack the cakes together, put the frosting between the layers and cover the cake with frosting.

# Gluten Free Cinnamon Rolls

## Ingredients

### **Dough**

- 490g gluten free plain flour (for a non-gluten free batch simply use ordinary plain flour and omit the xanthan gum)
- 2 tsps xanthan gum
- 2 ½ tsps baking powder
- ¼ tsp salt
- 84g room temperature butter
- 2 large eggs (use 4 tbsps water, 2 tsps oil and 5 tsps baking powder mixed together as an egg free alternative)
- 240mls milk

### **Filling**

- 218gs light brown sugar
- 2 tsps ground cinnamon

56g butter- melted and cooled

### **Glaze**

- 115g icing sugar
- A small amount of milk



## **Preparation**

1. Preheat the oven to 180 degrees Celsius and grease a 12 cupcake tin
2. In a large bowl, sieve the flour, xanthan gum and baking powder
3. Add the salt and then mix together
4. Combine in the butter, milk and eggs or egg alternative
5. Mix until the dough comes together
6. Add more flour if the dough is really sticky
7. Turn out onto a floured surface
8. Roll the dough into a 30cmx38cm rectangle, the dough should be about ½ a cm thick.
9. Stir all of the filling ingredients together.
10. Spread the filling onto the dough leaving ½ a cm clean around the edge of the dough.
11. Roll into a tightly formed roll
12. Slice with a sharp knife into 12 rolls
13. Place the rolls into the greased cupcake tin and bake for 22 minutes
14. Make the glaze by add one tsp of milk at a time to the icing sugar and mix, stop adding milk when the glaze has reached a drizzling consistency
15. Once the rolls are baked leave them to cool for five minutes in the tray and then remove to allow them to fully cool

## Tips:

- Eat within the first couple of days after baking when they are at their softest and lightest.
- Enjoy with a warm cup of tea or coffee after a long day of online schooling.

# LIADAN AND AMY'S HOROSCOPES

## What is a horoscope ?

There are twelve horoscope signs and each sign has its own strengths, weaknesses, traits, desires and attitudes. Astrology Horoscopes apply the study of stars and planets and their orbits and the influence they have on human behaviour. A horoscope can't predict what is going to happen to you and when but it can tell you what kind of person you are and how you will react to things. Horoscope signs are also known as Zodiac signs.

## What's your horoscope ?

To determine which star sign you are, you need to find the zodiac that falls on your birthday.

The horoscope signs are as follows :

- Capricorn : December 22 - January 20
- Aquarius : January 21 -February 18
- Pisces : February 19 - March 20
- Aries : March 21 - April 20
- Taurus : April 21 - May21
- Gemini : May 22 - June 21
- Cancer : June 22 - July 22
- Leo : July 23 - August 23
- Virgo : August 24 - September 22
- Libra : September 23 - October 23
- Scorpio : October 24 - November22
- Sagittarius : November 23 - December 21

## What do the signs mean?

Capricorn -Intelligent, practical, reliable, generous, optimistic, persistent, stubborn,solitary, suspicious.

Aquarius -Unique, tolerant, calm, sociable, charitable, independant, smart, disobedient, hasty, rebellious.

Pisces -conscious, friendly, dedicated, kinds, good temper, retreating, sentimental, indecisive, unrealistic.

Aries-Hopeful, active, honest, energetic, adaptable, brave, adventurous, cheerful, self-willed, impatient, quarrelsome.

Taurus -Romantic, decisive, hard-working, patient, kind, artistic, passionate, needy, stubborn, prejudiced.

Gemini - Insightful, smart, cheerful, quick-witted, warm, charming, fickle, gossipy.

Cancer -strong, gentle, imaginative, careful, dedicated, kind, caring, greedy, sensitive.

Leo - Proud, charitable, reflective, loyal, enthusiastic, arrogant, conceited, indulgent.

Virgo - Helping, elegant, perfectionists, modest, practical, perceptive, fussy, nosey, limiting

Libra -idealistic, reasonable, strong social skills, charming, artistic, kind hearted, hesitant, lazy, careless, freewheeling.

Scorpio - Mysterious, rational, intelligent, independent, intuitive, devoted, insightful, sensible, suspicious, obsessive, complicated, possessive.

Sagittarius -Insightful, brave, rational, lively, optimistic, forgetful, unthinking.

What is my sign symbol?

[zodiac-signs-icons-for-horoscopes-predictions-vector-6393613.jpg](#)

Example Horoscope:

This months horoscope for LEO

The sun is in Aries for the first three weeks of the month, drawing you on a journey, whether literally or metaphorically. Last month, Saturn entered Aquarius, followed by Mars, and now your relationships are moving to a new level. Partners are stepping up to the plate, while you're having to draw boundaries with others.

# Games and Puzzles

BY NIAMH M AND AVA

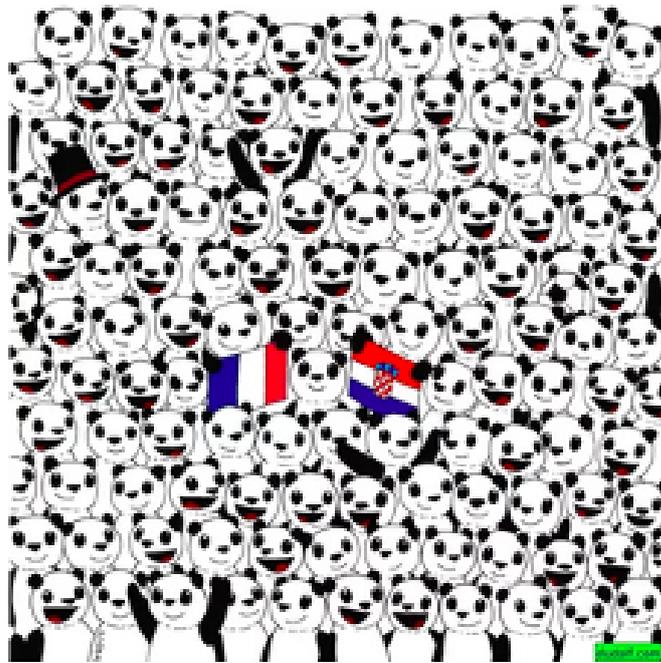
EASY

				9				5
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		3		5	4	7		
						1		
9		7		4	5	2		8
	5	6		2	7			
		4	6	7				
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3	9			8				

DIFFICULT

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6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

CAN YOU FIND THE SOCCER BALL IN THE SEA OF PANDAS?



## Popular Book Titles

A Q F T Q B C D F I C H B C A  
K W Y T S P R W V H A S O H H  
G N R T B O I D Q R F N B A O  
E E A I F C N E R G B Z E R L  
W S T F N Y F Y D U N K G L E  
E O I I F K P F R O Z E N O S  
V L N C B O L J V N K L O T C  
C U W D T B J E N D B K P T Y  
P Y J T E L O B I V D A S E Z  
L K E C G R F H R N S H W S R  
O R E H T S O L E H T K N W F  
O A Z I B D C V F H D I B E J  
S L Y P N W P E L J T J M B C  
I C H G F K N J Y M W W U E X  
W M Q S R N C O S A D D C O T

A WRINKLE IN TIME	CHARLOTTES WEB
CLIFFORD	FROZEN
HARRY POTTER	HOLES
SPONGEBOB	THE HOBBIT
THE LOST HERO	WONDER

